

HOW LONG DOES THE TREATMENT TAKE?

Newfill's durability depends on various factors including the structure of the skin, severity of facial fat loss, lifestyle and the ageing process. It is thought that improvements from Newfill should last between 12-24 months.

A complete treatment is at least 4 sessions, with the first two spaced approximately 2 weeks apart and the 3rd and 4th being completed four weeks apart, your treatment will be over a period of ten weeks.

HOW LONG IS EACH SESSION?

The first session with Newfill can take between 60-90minutes. Each subsequent session should be slightly shorter 45-60minutes. The assessment visit can take up to 30minutes as this includes having your photograph taken for clinical assessment and will be only used for this purpose. This will be stored securely with your treatment notes.

WHAT SHOULD I DO AFTER MY TREATMENT?

After your treatment, you will be given a facial massage to the treated area. It will help with the even distribution of Newfill and obtain a more natural looking correction. A light facial cream may be used to reduce friction.

An icepack may be applied to reduce swelling or bruising. You will be given written after care instructions, which will advise you to perform daily massage for a minimum of 2-3 minutes until your next appointment. Please read the advice given, following these instructions will help with the overall results with your Newfill treatment.

CONTACT PERSON

During treatment if you want to discuss any queries or problems you can contact the Nurse Specialist on 0208 934 2390, for out of hours service please contact the on-call HIV Dr for your hospital.

Kingston Hospital NHS Trust
Galsworthy Road
Kingston upon Thames
KT2 7QB

www.kingstonhospital.nhs.uk

General Enquiries & appointments:
Tel: 020 8974 9331

Newfill contact: Richard Simms
Tel: 020 8934 2390

NEWFILL CLINIC
Facial Lipoatrophy

WOLVERTON
CENTRE
For
Sexual Health



INTRODUCTION

Please take time to read this information carefully. Ask if there is anything that is not clear or if you would like more information. You may want to discuss this information with others before making your decision.

You are being assessed to undergo treatment for your facial lipoatrophy or facial wasting. This treatment is a medical device called Newfill, which is dermal filler and is injected directly into your face. These deep dermal injections may restore a more normal facial appearance. Newfill is unable to regenerate facial fat cells.

WHAT IS FACIAL LIPOATROPHY?

Facial lipoatrophy is fat wasting from the face. This is associated with antiretroviral therapy in HIV positive patients.

WHAT IS NEWFILL?

Newfill is based on polylactic acid, which has been used safely in medicine and surgery for over 30 years. It is biocompatible, biodegradable and immunologically inactive. It induces the stimulation of the body's own collagen.

IS IT SAFE?

Newfill has a CE mark, which means that it has been through clinical trials for safety and efficacy.

HOW DOES NEWFILL WORK?

Newfill has both an immediate and delayed action. The initial effect is due to the quantity of fluid injected (3-4mls sterile water with 1ml of lignocaine). This however, is followed by a period where there may appear to be some sinking of your facial tissues. Do not worry, this is normal and will be followed by the beginning of new collagen production. The delayed action of Newfill usually takes place between 19-21 days after your session. This happens because of the appearance of a fibrous dermal layer. The process of new collagen formation continues despite the reabsorption of Newfill.

WILL IT HURT?

A local anaesthetic of 1ml / 2% lignocaine will be mixed with water to reconstitute Newfill. Ice packs or a local anaesthetic cream may be applied to your face prior to injecting. Remember that the local anaesthetic cream will need to be applied at least 25 minutes before your session. The penetration of the needle may vary from momentarily uncomfortable to painful.

WHAT ARE THE RISKS?

You may experience swelling, bruising or redness at the site of injections. These usually disappear within 2-6 days. Serious complications are rare but sometimes can happen; please be sure to tell the specialist nurse if any symptoms, after your session persist or increase in severity.

If you are taking Aspirin or anticoagulants (blood thinning agents) please inform the person injecting you as they can cause excessive bleeding at the injection sites. Newfill has not been proven to be harmless for pregnant women. If you think you may be pregnant, please tell the nurse specialist.

HOW LONG UNTIL I SEE RESULTS?

An immediate effect will be seen as your face may be swollen from the fluid injected into your face. However, this immediate effect will disappear over the next 1-4 days to be followed by a more gradual effect of increased correction after each subsequent treatment as the skin thickens.