

For further advice and services please visit:

Local Services

www.SexualHealthKingston.co.uk	Wolverton Centre website
www.younglavin.org.uk	Information for young people living in Kingston Upon Thames
www.gettington.org.uk	Sexual Health Services for teenagers living in South West London
www.swish.nhs.uk	Sexual Health Clinics in South West London
www.checkurself.org.uk	Chlamydia testing and treatment in London
www.kingstonpct.nhs.uk/	NHS Kingston

National services

www.brook.org.uk	Brook is the only national voluntary sector provider of free and confidential sexual health advice and services specifically for young people under 25.
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www.chlamydiascreening.nhs.uk/

www.childline.org.uk

www.nhs.uk/Livewell/Sexandyoungpeople

Telephone opening times for advice & to book an appointment:-

Monday, Tuesday & Thursday	8.30am – 6.00pm
Wednesday	8.30am – 8.00pm
Friday	8.30am – 1.30pm

Appointments & Information: 020 8974 9331

The Wolverton Centre

Kingston Hospital 
NHS Trust

CONFIDENTIALITY

YOUR RIGHTS

**INFORMATION FOR
YOUNG PEOPLE UNDER 16 YEARS**

www.SexualHealthKingston.co.uk

When you are young, your parents are usually involved in your health care. They may make decisions for you, and speak to health workers on your behalf. But as you get older you have more rights.

You can decide if you want your parents to be involved or not. This leaflet explains your rights once you are thought to be old enough to make your own decisions about your health care information.

When we talk about parents, we also mean anyone who is your legal guardian

What does confidentiality mean?

It means keeping information safe and private. The Wolverton Centre keeps all your health information confidential.

This includes:

- anything you say
- information someone writes about you, and
- details of any treatment you have had

You can talk to health workers about anything to do with your health. If you want to talk to a health worker about something personal, they must keep this information confidential, even if you are under 16.

This may be information about:

- sex
- relationships
- pregnancy
- contraception
- drugs and alcohol, or
- feeling down

Sometimes health workers will need to share information about you to ensure you receive the best possible care.

They may share information about you with other health workers who are looking after you – for example, health workers at another hospital or clinic if you have agreed to go there.

- This is to make your care safer, easier and faster.
- They will only share information that is needed to give you the best care.
- If there are particular things that you don't want to be shared, tell your health worker.

If they think you are at risk of serious harm or you are in danger, they may have to tell another adult about it to be able to help you. But even then, they should tell you they are going to do this and explain who they will tell and why.

Sometimes the law allows the health service to share information about you without you agreeing to it. This would only happen in very serious situations – for example, if you have an illness that puts other people at risk, such as meningitis.

Will my parents be given information about me?

Usually, health workers are not allowed to tell your parents anything you have talked to them about, unless you have agreed to this, but the health worker may suggest that you speak to your parents or an adult you trust. A health worker may want to send out information to you. If you don't want your parents to see this, you can:

- ask them to post it to a friend's address
- say you'll pick it up, or
- ask them not to send anything.

REMEMBER:

- **Your parents are welcome to come with you to talk to a health worker if you want!**
- **Please ask to speak to a nurse or doctor if you have any worries about confidentiality.**