

Your visit to the centre will normally take one hour although this may be longer for walk-in & wait clinics.

### YOUR CONFIDENTIALITY

Your confidentiality is very important to us. We maintain separate patient records which remain within our Centre. Information is not shared with other NHS services, including your GP and information about your attendance, STI testing or treatment is not recorded in shared NHS records.

We will not routinely contact anyone about your care, without your consent.

### WHAT WILL HAPPEN TODAY?

#### 1. REGISTRATION

You will first see a receptionist who will take your registration details. It is essential that you provide a phone number to ensure we can contact you about appointments and your results.

**If you have provided your mobile phone number, we will automatically assume we have your consent to send text messages/telephone you, unless you inform us otherwise.**

The Receptionist will ask you to sign your registration form to confirm that your details are correct.

If you would prefer to see a clinician of the same gender, please let the receptionist know so that we can try to arrange this for you.

#### 2. CONSULTATION

The clinician will call you by your first name to a consulting room. You will be asked about your reasons for attending the centre and any symptoms or concerns you may have. They will ask you questions about your general health and also some specific ones about your sexual health and contraceptive needs.

### 3. EXAMINATION

You may need to have a genital examination and tests by a clinician, depending on your concerns.

A routine sexual health screen may include taking genital samples, a urine test and a blood test for sexually transmitted infections.

**Women** may need to have swabs taken from inside the vagina using a speculum (similar procedure to a smear test). If you have never had a vaginal examination before or have any questions about the tests, please ask so that we can explain this to you in more detail. A blood test will also be taken.

For most female examinations, a female chaperone will also be present.

**Men** will usually only have a urine test. Some men may also have a swab test from the urethra (water passage). **It is very important that men do not pass urine for at least 1 hour before being seen.** A blood test will also be taken.

For male examinations a chaperone can also be requested.

### 4. TESTS

**You will not have any tests for any sexual infection without a discussion first and your consent. A routine sexual health screen usually includes tests for the following infections:-**

#### **MEN**

- Gonorrhoea
- Chlamydia

- HIV
- Syphilis

#### **WOMEN**

- Gonorrhoea
- Chlamydia
- Trichomonas vaginalis
- Thrush
- Bacterial Vaginosis
- HIV
- Syphilis

*Please ask your clinician to tick which tests have been taken today.*

### ADDITIONAL TESTS

If relevant, the clinician will discuss these with you:

- Hepatitis screening**
- Tests for a **Urinary tract infection**
- Genital herpes** – we can only test for this if you have a sore or ulcer that we can swab.
- Smear test** (cervical cytology)
- Pregnancy testing** – urine test

### 5. RESULTS & TREATMENT

#### **How will I receive them?**

The clinician may give you some preliminary results about your tests at the end of your visit. If an infection is found whilst at the centre, your clinician will discuss this with you and give you treatment immediately.

**All treatment is free.**

Your final test results will be sent by text message from the Wolverton Centre no. 07507 319511 to your mobile phone usually within 4 working days. Some tests take longer to be processed, eg, Herpes & Hepatitis, so please allow up to 7 days to receive these results.

### 6. RESULTS BY TEXT MESSAGE

**If your test results are negative** and no further discussion is required, you will receive a text advising *“All your tests are negative. There is no need to contact us unless you have some concerns”*.

**If any of your test results are positive or need repeating** you will be contacted by phone by one of our nurses.

If we are unable to contact you by phone, you will receive a text message with the name of the infection we have diagnosed, eg - chlamydia.

We will never send a positive HIV test result by text message.

**The Wolverton Centre for Sexual Health**  
Kingston Hospital NHS Foundation Trust  
Galsworthy Road  
Kingston-upon-Thames  
Surrey, KT2 7QB

**Appointments  
& Information Line: 020 8974 9331**

**Test Results Line: 020 8934 2009**

**Secure Fax: 020 8481 0078**

**Email: [khn-tr.wolvertoncentre@nhs.net](mailto:khn-tr.wolvertoncentre@nhs.net)**

**Website : [www.SexualHealthKingston.co.uk](http://www.SexualHealthKingston.co.uk)**



**@WolvertonCentre**

### ***We welcome your comments***

*If you have any suggestions for improvements to our service please complete either our electronic 'friends & family' survey, a paper comments form or speak to a member of staff.*

### **ADDITIONAL SERVICES**

#### **Contraception**

We offer a full range of contraception including implants, coils, injections, the vaginal ring & patch.

#### **Counselling**

Experienced clinical psychologists provide clinics for psychological issues related to sexual health/HIV.

#### **Specialist consultant-led sexual health services**

For patients with more complex sexual health & contraception needs including genital skin conditions, genital pain, psychosexual problems and complex coil problems.

#### **Intervention Specialist**

Support for anyone who is concerned about their STI/HIV diagnosis, has concerns around sexual exploitation/violence, has been sexual assaulted, FGM, is under 16 and pregnant, is under 18, sexually active & not using contraception, recurring STIs and for drugs/alcohol support.

#### **"The Point"**

A sexual health and contraception clinic especially for 18 year olds and under, held every Tuesday 4:00–6:00 pm.

#### **"K2"**

A sexual health clinic for gay/bi-sexual men and for those who identify as transgender, held every Wednesday evening 5.00–7.00 pm.

#### **"Connect"**

A sexual health service for people of all ages, with learning difficulties or Autistic Spectrum Disorder, held every Wednesday afternoon.

***We see everyone***

**WELCOME TO THE  
WOLVERTON CENTRE  
for  
SEXUAL HEALTH,  
CONTRACEPTION &  
HIV CARE**

Living our values *everyday*



## **Information for patients**