



**Sexually Transmitted Infections
Foundation Course**

- STIF CORE
- STIF PLUS

Updated and Revised Courses
from the **British Association
for Sexual Health and HIV
(BASHH)**

**STIF CORE:
MONDAY 4 MAY 2020**

**STIF PLUS:
TUESDAY 5 MAY 2020**

**Kingston Hospital (SW London),
Galsworthy Road, Kingston,
Surrey KT2 7QB**

COURSE DIRECTOR: DR SUSIE McMORROW

**COURSE ORGANISER:
EMMA KENNARD 020 8934 6845
emma.kennard@nhs.net**

(on behalf of BASHH)

The aim of the course is to equip participants with the basic knowledge, skills and attitudes for the effective management of sexually transmitted infections (STIs) outside the GUM setting.

Early registration is preferable. It is recommended to attend both days although if you have attended a STIF course in the past 3 years, you can attend the STIF PLUS day to update your knowledge and skills.

It is highly recommended that delegates study the appropriate modules in e-Learning for Health before attending.

This will entail around 8-12 hours of study depending on your experience. Further information about the modules will be provided by the course organisers approximately four weeks before the course commences.

The outline programme is attached.

For further information please visit <http://www.stif.org.uk>

This is a multi-disciplinary course and applications are invited from:

Doctors and nurses working in general practice, family planning and reproductive health, GUM, health advisers, secondary care clinicians who may encounter patients with STIs (e.g. O&G, A&E, rheumatology, ophthalmology), pharmacists, and school nurses.

Course fee (includes Coffee, Lunch & Tea)

STIF CORE £150,

STIF PLUS £150,

BOTH DAYS £275

To reserve a place, please return the tear-off slip below, with a cheque made payable to "Kingston Hospital NHS Foundation Trust"

***ALL APPLICATIONS SHOULD BE
RETURNED BY 6 APRIL 2020***

Details of the e-learning modules and a Course Pack will be sent to you nearer the time with your receipt.

FFPRHC Approved

Sexually Transmitted Infections Foundation Course

4 & 5 MAY 2020

KINGSTON HOSPITAL (SW LONDON)

Name _____

Present Post _____

NHS Trust/ Institution _____

Mailing Address for your course pack:

_____ Post Code: _____

Daytime Telephone contact: _____

E-mail _____

Please indicate the days which you wish to attend:

DAY ONE (STIF CORE)

DAY TWO (STIF PLUS – assumes attendance on a STIF Course in last 3 years)

BOTH DAYS

Any Special Needs? (Please specify) _____

**Please return completed application to
Emma Kennard, The Wolverton Centre, Kingston Hospital NHS Foundation
Trust, Galsworthy Road, Kingston upon Thames, Surrey KT2 7QB**

Tel: 020 8934 6845

E-mail: emma.kennard@nhs.net

Aim of STIF FOUNDATION course

To equip participants with the basic knowledge, skills and attitudes for the effective management of STIs. By the end of the course you should be able to:

Knowledge

- describe the principles of STI service provision
- recognise the issues relating to confidentiality, partner notification and treatment
- demonstrate basic knowledge of the epidemiology and the factors involved in the transmission of STIs and how to prevent transmission
- demonstrate basic knowledge of STIs, their presentation, diagnosis and management
- indicate where and when to refer patients

Skills

- demonstrate competency, and feel comfortable, in taking a sexual history
- demonstrate the skills necessary to inform patients about reducing their risk of sexual infections and risk of unplanned pregnancy
- optimise care pathways for patients through improved links with local services (GUM, Sexual Health, Contraceptive services, Psychosexual services, Microbiology, TOP services and Primary Care)

Attitudes

- demonstrate an appreciation of the lifestyle and circumstances of others and how this may reflect in their presentation and impact on their management
- recognise the range of human sexuality, lifestyles and culture and the impact this has on transmission/prevention counselling
- demonstrate an understanding of how one's personal beliefs could affect the consultation

Day 1 (STIF CORE): 4 May 2020

Programme timings may change

- 08.30 Registration and Coffee
09:00 Welcome, introduction - Sexual health provision
09:10 Session - Sexual History Taking and Practice
09.50 Session - Swabs and Tests
10.30 Coffee
10.50 Session - Partner Notification; why it matters and how to signpost
11.35 Session - HIV Testing
Lunch
14.00 Small Group Workshops
- Sexual Health Promotion, Risk reduction, Prevention
 - Genital sores
 - Vaginal discharge
 - Young People and Sexual Health
-

Day 2 (STIF PLUS): 5 May 2020

Programme timings may change

- 09:00 Coffee and registration
09:00 Welcome
09:15 Session - HIV diagnosis - HIV in primary care
10.15 Session - Sexual Assault and Abuse
11.00 Coffee
11.15 Session - Viral Hepatitis
12.00 Small Group Workshops x 2
Lunch
14.00 Small Group Workshops x 2
Tea
15.45 Session - STIs in Pregnancy
16:30 Session - Syphilis
17.15 Meeting with mentors
17.30 Close

SMALL GROUP WORKSHOPS

- Male Dysuria, Testicular Pain and Testicular Lumps
- Conditions affecting genital skin
- Female Pelvic Pain
- Gay, bisexual and other MSM

STIFCOMPETENCY PROGRAMME

Having attended the STIF Foundation course, you may be interested in registering for STIF Competency workplace training and assessment which provides a nationally recognised training and assessment qualification in sexual health. It is a modular competency-based training and assessment package for non-specialist and specialist healthcare professionals requiring skills development to manage people with sexually transmitted infections. Trainees successfully completing the competencies are registered on the national STIF *Competency* database of accredited healthcare professionals. www.stif.org.uk
